

Course Start

Course Start is independent learning you need to complete as a fundamental part of your introduction to the course. It should take you approximately 5 hours to complete.

Course Name	NCFE CACHE Level 2 Certificate Introducing Caring for Children and Young People
How this Course Start fits into the first term of the course	The tasks included here are part of our first unit on 'Child Development' and is coursework that goes in your portfolio to hand in at the end of the year.
How will my Course Start learning be used in lessons?	The work for the 'Course Start' contains relevant information that will be used during the first few weeks of term in lessons
Course Start learning objectives	• Develop an understanding of how children develop from birth to 3 years • Link different areas of development • Begin to understand early years terminology
Study Skills	• Research skills - using suggested sources and identifying key information • Communication skills - putting your ideas and findings into effective writing • Visual communication skills - use of images to present your findings • Developing presentation skills needed for coursework

Expectations

Our specification is: **NCFE CACHE Level 2 Certificate Introducing Caring for Children and Young People**

What this course involves
Understanding child development
Developing the understanding and skills needed to care for children
Understanding equality, diversity & inclusions - valuing all
Learning about play & sharing learning experiences with children
Regular written coursework
Independent study and research
Engaging in discussions and presentations
Completing coursework to deadlines & creating a portfolio

Child Development Milestones

One of the first units we do this year is to do with child development. Once you have an idea of **what** children can do **when**, you can better understand what they can understand, what they are physically capable of and what we might expect them to be able to do at different ages. Then, their needs and how they play and learn makes sense!

Below are some different categories; physical skills, speech & language skills and emotional & social skills. The information in each category is jumbled up. You need to put them in the correct order and say at approximately what age a child might be able to do each thing.

We are only looking at an 'average' age as different children will all do things at slightly different stages. However, there is a time span in which most children obtain these skills.

You can look things up in books or online – as long as you use UK sites such as the ones below, and copy and paste the sites used into your work or write the title of any books used.

- <https://www.cambscommunityservices.nhs.uk/advice/staying-safe/childhood-development/milestones>
- <https://www.healthlinkbc.ca/healthlinkbc-files/your-childs-development-birth-3-years>

There are lots of sites – these are just some examples that are quite easy to use.



Task 1

Category 1 - Physical Skills

Walks, Sits unaided, Lifts head when lying on tummy, Crawls, Pulls up to standing, Sits with support, Uses a 'pincer grip'

Put the above in the correct order (youngest to oldest) and next to each, say at what age the average child would be able to do this. **Include a picture for each stage to illustrate.**

Category 2 - Physical, Social & Emotional Skills

Has temper tantrums, Fearful of strangers, Fixes gaze on parent Engages in parallel play (alongside but **not with** others), Starts to smile

Put the above in the correct order (youngest to oldest) and next to each, say at what age the average child would be able to do this. **Include a picture for each stage to illustrate.**

Category 3 - Speech and Language

Babbling sounds such as 'mama', simple questions like 'where's the dog?' Cries, Gurgling and cooing, Two or three word sentences, Follows simple instructions

Put the above in the correct order (youngest to oldest) and next to each, say at what age the average child would be able to do this. **Include a picture for each stage to illustrate.**



Task 2

When you have completed the above, add more detail to the different stages of a child's development. Produce a chart that shows how the average child develops between the ages of 0-3 years old.

Consider their physical development, how they learn, how they show their feelings and how they learn to talk. For example:- at birth a baby can cry, grip a finger, suck, has a number of 'reflexes' etc, but cannot focus their eyes so relies much more on their sense of smell. By 6 weeks - what can they now do? (Include detail for ALL the age stages below).

You could include pictures to illustrate. You can write it, make a poster, make a PowerPoint/Google Slides presentation - however you prefer to present it. **You will use what you produce in your coursework, so make it look good!**

Use the following ages, say what a child can do at each of these stages of their life.

- Newborn - 3 months
- 3 months - 6 months
- 6 months - 1 year
- 1 year - 2 years
- 2 years - 3 years
- 3 years - 4 years



Task 3: Organisations that promote the rights of children in the UK

For this task, you need to research 6 organisations that promote children's rights. To do this, give the name of the organisation and write a few lines on what they do to promote children's rights in the table below. (If you look on their website under "What we do" - you can get an overview). Make sure in the last column you quote the website address and the date you looked at it as your reference.

Name of Organisation	What they do (brief description)	Website (cut & paste) Date researched
Example:- Barnardos	Barnardos involve children and young people in decisions that affect their lives. They believe in empowering young people and say they're committed to helping them to make sure their voice is heard in a way that feels safe to them, and in a way that helps them feel stronger and more able to recover when they face challenges in their lives.	https://www.barnardos.org.uk/ Accessed 28/11/26
1)		
2)		
3)		
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6)		