

# **Course Start**

Course Start is independent learning you need to complete as a fundamental part of your introduction to the course. It should take you approximately 5 hours to complete.

Course Name	Psychology A Level
How this <b>Course Start</b> fits into the first term of the course	The focus is on the approaches, perspectives and research methods. Awareness of these elements will provide a foundation to the A Level Psychology programme.
How will my Course Start learning be used in lessons?	The content will be integrated into lessons throughout the two years, both as descriptive and evaluative concepts.
Course Start learning objectives	<ul> <li>Introduction to the language of psychology</li> <li>Develop an understanding of a key psychological area</li> <li>Develop critical thinking skills</li> </ul>
Study Skills	<ul> <li>Independent Research</li> <li>Application of guidelines to scenarios</li> <li>Evaluation of the ethical guidelines against key criteria such as usefulness</li> <li>Extended writing- involving critical reflection on the value of following ethical guidelines.</li> </ul>

# **Expectations for:**

Our specification is: OCR A Level Psychology 2015 - 100% examination

#### What this course involves

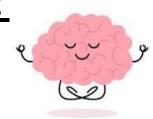
Designing and implementing 4 practicals covering a arrange of research methods. This is to be done either in pairs, small groups or as a whole class group.

A 10% arithmetic component, which includes descriptive and inferential statistics

Being introduced to classic and contemporary research as a way of understanding the different psychological areas and perspectives.

Developing an understanding of how psychology can be used to understand mental health, crime and sport and exercise

# A Level Psychology Course Start <u>Directed Learning Tasks</u>



# OCR Psychology (H567) – Course Start Assignment

Psychology Perspectives and Methods Poster Project

# **Learning Objective:**

To build your understanding of the **7 core approaches and perspectives** in Psychology and the **4 main research methods** used in psychological research.

## **Background:**

You have now been introduced to the different ways psychologists explain human behaviour (approaches/perspectives) and the methods they use to study it. This project allows you to creatively summarise and communicate your learning to others – an important first step in becoming a psychologist!

#### Your Task:

Create a set of 10 individual A4 posters across the summer break:

- 7 posters on the main psychological approaches/perspectives
- 4 posters on the key research methods in Psychology



# The 7 Approaches/Perspectives

Create one A4 poster for each of the following:

- 1. **Social** (This will be/has been demonstrated in the lesson)
- 2. Biological
- 3. Cognitive
- 4. Behaviourist
- 5. Developmental
- 6. Individual Differences
- 7. Psychodynamic

Each poster should include:

- The **name** of the approach (as the title)
- Key assumptions What does this approach believe about behaviour? (with key terms underlined)
- A key study/example

- Strengths and weaknesses of this approach
- A real-world application
- At least one relevant image or diagram

# Sites which you may wish to use;

https://psychologywithmisssmith.wordpress.com/

https://www.psychologywizard.net

https://www.tutor2u.net/psychology

https://www.simplypsychology.org



# **The Research Methods**

Create **one A4 poster** for each of the following methods:

- 1. Experiment
- 2. Observation
- 3. **Self-report**
- 4. Correlation

Each poster should include:

- The **method name** (as the title)
- A definition of the method (with key words underlined)
- Advantages and limitations
- A **relevant example** from psychology
- At least one relevant image or visual aid

### **Presentation Guidelines:**

- Posters must be on A4 paper
- Use bold headings, underlined keywords, and clear layout
- Include at least one key image or diagram on each poster. Make it colourful and memorable
- Keep information concise, accurate, and engaging
- Aim to make each poster informative enough that another student could learn the basics from it and that you can revise!

<u>Deadline:</u> These posters need to be submitted to your Psychology tutor in your **first Psychology lesson in September.** 

**Top Tip:** Don't leave this work to the end of your holidays as it will require you to take a more consistent approach.



# Optional Challenge:

Add a section to each approach/perspective poster linking it to a **key debate in Psychology** (e.g., nature vs nurture, reductionism vs holism).

Good luck with your GCSE results!

The Psychology Team